

TEMPLE BETH EMETH OF MT. SINAI



FALL 2019

tbemtsinai.org

TISHREI 5780

HELLO, 5780

WHY THIS NEW
YEAR IS GOING
TO BE A BLAST



Aliza Greenberg
plays her shofar
at our Sept. 20
music Shabbat

**TEMPLE
BETH EMETH
OF MT. SINAI**

PO Box 409
Mt. Sinai, NY 11766
631-928-4103



**THE HOLIDAYS
AT A GLANCE**

**ROSH HASHANAH
SEPT. 29, 8 PM
SEPT. 30, 10 AM**

We return to our High Holiday home away from home, Newfield High School in Selden, to welcome the New Year. We will have a children's program during daytime High Holiday services.

**TASHLICH
SEPT. 30, AFTER SERVICE**

Once Rosh Hashanah services conclude, bring some bread to Knapp Beach in Belle Terre for our tradition of symbolically casting away our sins (to the delight of the gulls).

**YOM KIPPUR
OCT. 8, 8 PM
OCT. 9, 10 AM & 3 PM**

We're back at Newfield for Kol Nidre and our morning and afternoon Yom Kippur services the next day, including Yizkor. At the conclusion, join us for a break-the-fast meal at Temple Beth Emeth.

**SUKKOT SHABBAT
OCT. 18, 7 PM YIZKOR
7:30 PM SERVICE**

We return to Mount Sinai for our Sukkot Shabbat, complete with a nosh in our temple sukkah.

FROM THE PULPIT / Rabbi Helayne Shalhevet

Toasting the new year with an egg cream



I love a good egg cream. Maybe it's the memories of the jar of U-Bet Chocolate Syrup in my parents' fridge, but there's just nothing like a good egg cream.

Except for one thing. It's almost impossible to enjoy an egg cream without the proverbial debate — do egg creams actually contain eggs? Did they ever?

How do you make an egg cream? It depends who you ask. To make an authentic Brooklyn egg cream, first pour in the syrup and milk, add the seltzer later to get that delicious foam on top. In the Bronx, mix the syrup and seltzer first, then add the milk, giving it that brownish look on top.

Then there's the syrup. Must be Fox's U-Bet. End of debate.

The creation of the egg cream can almost surely be ascribed to New York City's Jewish immigrants in the late 1800s. The story goes that Louis Auster invented and served the first egg creams from his Brooklyn candy shop. An instant hit, on a hot day he could sell up to 3,000 egg creams for 3 cents each.

Now we have the ingredients, the process, even its likely origins. What more is there to an egg cream? Not much, except for a straw. And there's the quandary. An egg cream contains neither egg nor cream.

So what's with the name? There are a few possibilities. Some say it's Brooklyn talk for "a cream." Others say it may have been named for the creamy froth on top that looks kind of like a foamy egg white top.

Another theory is that theater pioneer Boris Thomashevsky asked for a Parisian

drink called "chocolate et crème" and within the confusion the name was born. And some say it's a variation of the Yiddish word "echt keem" which means "pure sweetness." Similarly others say that "egg" is a corruption of the Yiddish word "echt," which means "genuine" or "pure," and this was a "good cream." Regardless, we know that no part of an egg cream contains egg or cream, aside from its name.

So, too, it is with our souls.

This time of year in preparation for the High Holidays we begin the process of *cheshbon ha'nefesh*, an accounting of our souls. And we may be amazed at what we find. Or what we don't. And it's what we don't — the eggs or the cream (the things we believe to be there that aren't) — on which we must focus. A *cheshbon ha'nefesh* is not intended only to find what it is that we wish we had not done and figure out how to eliminate it going forward. Its purpose is also to consider what isn't there that we once believed was. To consider what we lack. It is to ponder what our eggs and cream are, those ingredients that we only realized were lacking when we took a deeper look — a High Holiday type of look.

The egg cream seems like such a simple drink — three ingredients — until you look much deeper. The *cheshbon ha'nefesh* also seems simple — figure out what's been there over the past year and how to eliminate the bad. But when you look deeper, it too is more complicated than it seems. But well worth the effort.



FROM THE PRESIDENT'S DESK

Shanah tovah!

As president of this wonderful congregation I would like to ask you to take a moment to reflect on why you attend High Holiday services.

For many of us, our lives are very busy and this is the one time that we take the time to connect with Judaism. Perhaps you just come to sit and listen. Maybe it's because you feel guilty and that it's the right thing to do. Maybe it's because you feel that you have sinned and feel that it is important that you atone and try to do better next year. Maybe

you attend to participate in our choir or service. Many of us, as temple members and guests come because we are part of the Temple Beth Emeth community and this is an important part of our observance.

There is no right or wrong answer. Why you come is less important than the fact that you do come.

For all of us Jews at this, the holiest time of the year, we come together as one community of people to worship, to ask for forgiveness and to have a spiritual start to the new year.

Whatever your reason for attending our High Holiday services, I thank you in advance for your continued support and wish you all a happy and a healthy new year.

Sincerely,
Debbie Giordano
TBE President

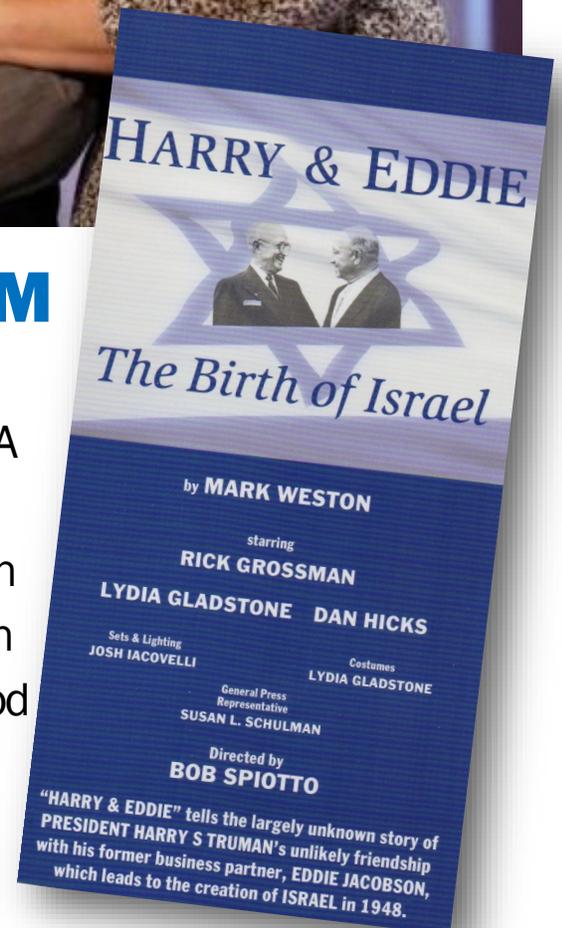
TEMPLE BETH EMETH OF MOUNT SINAI PRESENTS A
MOVIE NIGHT SPECIAL



Dan Hicks, left,
Rick Grossman
and Lydia
Gladstone

SATURDAY, OCT. 19, 7 PM

Watch a live recording of the Off-Broadway show **Harry & Eddie: The Birth of Israel** followed by a Q&A with stars Rick Grossman and Lydia Gladstone and the show's director, Bob Spiotto. See the little-known story of how the friendship between Eddie Jacobson and President Harry S. Truman helped win statehood for Israel in 1948. Then stay to hear how Rick, a member of the congregation, his co-star Lydia and director, Bob, brought the tale to life on the stage.



FREE ADMISSION ■ 52 Mount Sinai Ave., Mt. Sinai ■ tbemtsinai.org

THANKS TO THE GREATER PORT JEFFERSON-NORTHERN BROOKHAVEN ARTS COUNCIL FOR PROMOTIONAL ASSISTANCE

MORE COMING ATTRACTIONS

SIMCHAT TORAH WITH MUSICAL GUESTS

FRIDAY, OCT. 25, 7:30 PM

Dance with the Torah to the music of guests like Rochelle Potak, Harold Goldstein and others, plus the TBE Children's Choir and, featuring students of our new Sababa class, the TBE Jr. Choir.

SUKKOT GLEANING OF THE FIELDS

WEDNESDAY, OCT. 27, 10-NOON

Fulfill the mitzvah of helping feed the hungry with the unharvested vegetables at the Garden of Eve, Organic Farm, 4558 Sound Ave. in Riverhead. A food bank truck comes to collect what we pick.

'COME PRAY WITH US' SHABBAT WITH INTERFAITH GUESTS

FRIDAY, NOV. 8, 7:30 PM

Temple Beth Emeth has invited members of the Mt. Sinai Congregational Church, the Mt. Sinai Muslim Center and the Turkish Cultural Center of Long Island to join us for a Shabbat service. "The underlying idea," explains Marge Kandel, is to promote understanding and tolerance as "we find out how amazingly similar we are."

FOLK MUSIC SHABBAT FEATURING GATHERING TIME

FRIDAY, NOV. 15, 7:30 PM

Gathering Time, the trio that brought us our first Peter, Paul and Mary Shabbat and has returned for several encores returns to play on the eve of the double bar mitzvah of the Caskie brothers, Ethan and Ben.



Gathering Time's Gerry McKeveny, Hillary Foxsong and Stuart Markus at TBE



sababa

Sababa Is Hebrew for Cool!

Kids entering first and second grades are invited to join us on a Jewish adventure! We'll be sharing stories, celebrating holidays, praying and singing, cooking (and eating!) and learning all about Jewish life. This new, exciting class meets once a month on Tuesdays from 4:30-6 p.m. Tuition is \$145 plus a \$25 student activity fee. The class is open to members' children and grandchildren.

What's a Taco and Tefillah Tuesday?

It's a free family night out with a mini-prayer service and family dinner, all in one hour! One Tuesday a month from 6-7 p.m. delivers an hour of shalom in a chaotic week day. Our first Taco and Tefillah evening will be Oct. 15.

THE

toledo

GROUP

We're In This Together![™]

P: 631.752.1934
F: 631.752.1423
graphics@toledogroup.com
www.toledogroup.com

Digital, Offset, Web & Variable-Data Printing

Graphic Design & Typesetting

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NEED A PRINTER? Our newsletter is printed by Nick Sachs of the Toledo Group at no charge

BAR/BAT MITZVAH CALENDAR

Temple Beth Emeth is always proud of its students, and no one is prouder when they are called to the torah than Joan Zuckerman, our bar/bat mitzvah coordinator.

We have six chances to celebrate this wonderful accomplishment in 2019. Remember, everyone is welcome at Saturday morning bar or bat mitzvah service, Joan says, "especially Religious School students who can support their friends or see what awaits them when it is their turn." Check the temple website calendar at tbemtsinai.org for start times.

Oct. 12: Brooke Laine

Nov. 9: Samantha Rozza

Nov. 16: Ben and Ethan Caskie

Nov. 23: Jack Malawista

Dec. 7: Sam Wenig

